Tinnitus. A German New Medicine Case Study.

The chime of an inbox email. The ping of a text message arriving. In a time when sounds abound, we’re on high alert for the next communiqué. But what if this aural state of prairie dog hyper-alertness is doing more harm than good? Tinnitus is a modern day malady that has gone pandemic, and for many it has become the new frustrating norm.

We’ve been told the cause is due to aging, air-borne pollutants, ear wax, trauma, infections, tmj and high blood pressure.

With remedies ranging from co-enzyme Q10, goldenseal and ginkgo biloba to neti pots and ear candling, this too was my understanding until I observed that tinnitus was independent of the above.

German New Medicine (GNM) provides us solid empirical research for understanding not only auditory problems, but so many others diseases as well. GNM reveals that tinnitus is not caused by genetic weakness but rather is initiated by an emergency biological response that assists an individual during times of unexpected auditory distress. The brain scans of clients experiencing tinnitus show without exception the emergency biological response to impact the auditory cortex in the brain.

For example, an auditory intrusion within one’s functional environment (listening for, waiting to hear) can be an emotionally distressing event. In nature, the individual needs to be on high alert for any sound indicating danger (I can’t believe I just heard that, it can’t be true what I just heard); an emergency situation, thus an appropriate biological response is initiated.

Whether the left, right or both auditory centers are affected is determined by the individuals laterality, the ear in which the information was heard or listened for as well as whether the sound “morsel” was desired or wish to be discarded.

Protocol in GNM involves a dialogue specifically directed to search the consciousness, unearth and ultimately resolve the emergency biological response. A natural healing begins in the auditory centers as the tinnitus recedes. GNM of course, is so much broader than just tinnitus.

GNM is the new science of health based on five biological laws which explain the cause, the development, and the natural healing of disease - correctly linking our psyche, brain and organ. A complete system that is verifiable from brain scans. The New Medicine represents a change in our understanding of what we commonly call disease. It reveals that disease is not caused by malfunctions but rather is initiated by a biological conflict that results in an emergency biological response that will assist an individual during times of unexpected emotional distress.

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